



June 10, 2009

For Immediate Release

Contact: Sariah Best-Joseph
Public Relations Manager
Consolidated Foods Limited

Customers receive Free Screening at Super J Sunny Acres and Mega J Pharmacy
Company observes Commonwealth Pharmacy Day

As Saint Lucia celebrates Commonwealth Pharmacy Day on Tuesday June 16, Consolidated Foods Limited (operators of Super J IGA Supermarkets and Mega J) is using the opportunity to encourage customers to engage with their Pharmacist in the maintenance of healthy lifestyles and medication use. The company has organized a Pharmacy outreach session at two of its pharmacies, Super J Sunny Acres Pharmacy and Mega J, where customers will receive information about the services offered, array of medications available, optimal use of medications as well as the management of chronic conditions.

Pharmacy Day provides an opportunity to celebrate the pharmacy profession, recognize pharmacy staff, and reach out to customers and patients through information and awareness. CFL's Pharmacy Manager Reep Bishamber says "consumers should expect a higher level of service from today's pharmacists. Patients can help manage their own care by reading the label, knowing the active ingredient in their medications, and if they have questions, asking their pharmacist. However consumers with questions about their medications should not have to worry about where to get information, pharmacists are their best and most accessible medication experts".

As part of the Pharmacy Day observance, CFL will also be teaming up with the Saint Lucia Diabetic and Hypertensive Association to offer diabetic and cholesterol screening at the Super J Sunny Acres and Mega J Pharmacies. The screening services will be offered at Super J Sunny Acres Pharmacy from 10 -12pm and at the Mega J Pharmacy from 4:30 – 6pm. The first fifty persons at each location will be receive free screening. Information on medication and foods that can be used to control diabetes and cholesterol will also be provided by pharmacy staff.

Reep explains that pharmacists can help customers understand how to best store medications in the home and what medications they as consumers should have on hand. “Our pharmacists will be glad to advise on restrictions on use after a medication reaches its expiration date, as well as to make recommendations on proper disposal of expired medications”.

Consolidated Foods Limited takes this opportunity to congratulate pharmacists and celebrate the pharmacy profession. The company thanks its Pharmacists at all locations (Sunny Acres, Waterfront, Rodney Heights, La Tourney and Mega J) for their dedication to providing the Saint Lucian community with superior pharmaceutical services every day.

-ENDS-