

SUPER IGA WEEKLY SPECIALS

S M T W T F S

14TH APRIL - 18TH APRIL 2010

GROCERY

IGA IGA PANCAKE SYRUP
680g
NOW \$10.99
SAVE \$2.00

IGA IGA PANCAKE MIX
907g
NOW \$6.79
SAVE \$2.00

DELMONTE PEAS & CARROTS

411g **NOW \$4.69**
SAVE \$1.00

BOUNTY MODERN PRINTS

NOW \$7.45
SAVE \$1.50

RITZ CRACKERS LOW SALT
454g
NOW \$9.59
SAVE \$2.75

TULIP CHICKEN LUNCHEON MEAT
340g
NOW \$6.89
SAVE \$1.00

TULIP JAMONILLA PORK LUNCHEON MEAT
200g
NOW \$4.15
SAVE \$1.00

DELMONTE SPAGHETTI SAUCE
751g
NOW \$5.39
SAVE \$1.40

BLUEBIRD PINEAPPLE JUICE
1.36L
NOW \$7.49
SAVE \$1.50

NON-FOODS

ALWAYS MAXI PADS
16 PADS SUPER WITH WINGS
14 PADS LONG WITH WINGS
NOW \$14.99
SAVE \$2.50

DEPENDS UNDERWEAR LARGE

NOW \$44.95
SAVE \$5.00

DEPENDS UNDERWEAR SMALL

NOW \$44.95
SAVE \$5.00

JAKEMAN SWEETS
100g

COUGH MENTHOL HONEY/LEMON MENTHOL EUCALYPTUS THROAT & CHEST
NOW \$3.99
SAVE \$1.00

LUX SOAP 125g

ENCHANT ME SUAVE BOUQUET TOUCH ME SURPRISE ME TASTE ME WAKE ME
NOW \$2.85
SAVE \$0.40

BARGAINS

BUY 2 FOR \$3.95

ELLE & VIRE DESSERT MIX AND MATCH
MANGO PINEAPPLE
MIXED BERRY APRICOT UHT
PEACH PASSION CHERRY


125g
SAVE \$1.23

BUY ONE get ONE 1/2 OFF

PRINGLES 74g
SOUR CREAM N ONION ORIGINAL CHEDDAR CHEESE

SAVE \$2.15

BUY ONE get ONE 1/2 OFF

IGA IGA DRY ROASTED PEANUTS 454g

SAVE \$6.95

PERISHABLES

IGA IGA SINGLES
340g

NOW \$5.99
SAVE \$2.00

IGA IGA MILD CHEDDAR 227g

NOW \$5.25
SAVE \$3.00

FRESH FROZEN CORN ON COB
907g

NOW \$12.99
SAVE \$3.00

ELLE & VIRE CHEESE SPREAD 140g

NOW \$3.89
SAVE \$1.00

KRAFT CHEESE
MONTEREY JACK WITH JALAPENO PEPPERS
227g

NOW \$7.99
SAVE \$1.00

ELLE & VIRE EXTRA LIGHT WHIPPING CREAM
207g

NOW \$3.99
SAVE \$1.00

FLAVORITE NOVELTY ICE CREAM BAR
12pk

NOW \$8.99
SAVE \$4.00

FLORIDA'S NATURAL CRANBERRY JUICE COCKTAIL
340ml

NOW \$2.69
SAVE \$0.70

PRODUCE

Local

CUCUMBER

NOW \$3.80 per kg
SAVE \$0.40 per kg

ROMAINE LETTUCE


NOW \$7.63 per kg
SAVE \$0.40 per kg

Imported

BOSC PEARS

NOW \$2.70 EACH
SAVE \$0.30

RED SEEDLESS GRAPES


NOW \$27.99 per kg
SAVE \$3.00

WE PROMISED YOU **JUST** ANOTHER WAY
TO SAVE EVERYDAY!
AND WE
DELIVERED!

LOOK FOR
THE

**BLUE
TAG**

**AND
SAVE!**

on items throughout the store!
Blue tag items have been permanently reduced.

ENJOY THE SAVINGS AT



Shopping and saving just got easier... With the new Super J Loyalty Card!

You must have a Super J Loyalty Card to be eligible to participate in Super J Promotions and benefit from Weekly Specials.

Your card must be scanned in order to qualify for the great savings and benefits



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