

# SUPER IGA WEEKLY SPECIALS

S M T W T F S

30<sup>TH</sup> JUNE - 4<sup>TH</sup> JULY 2010

## GROCERY

**IGA SANDWICH BAGS**  
  
 50 Bags  
**NOW \$4.99**  
**SAVE \$1.00**

**IGA FRUIT RING CEREAL**  
  
 346 g  
**NOW \$7.79**  
**SAVE \$2.00**

**WAITROSE SWEETCORN**  
  
 330 g  
**NOW \$4.49**  
**SAVE \$1.50**

**WAITROSE PURE APPLE JUICE**  
  
 1 LT  
**NOW \$5.99**  
**SAVE \$1.00**

**TULIP CHOPPED PORK**  
  
 850 g  
**NOW \$18.95**  
**SAVE \$5.00**

**DELMONTE SPAGHETTI SAUCE**  
 ITALIAN HERB  
  
 737g  
**NOW \$5.79**  
**SAVE \$1.00**

**COMFORT SOFT ATTITUDE FLORAL SEDUCTION**  
  
 1 LT  
**NOW \$10.09**  
**SAVE \$1.50**

**CIF LEMON CLEANSER**  
  
 250 ml  
**NOW \$5.45**  
**SAVE \$1.00**

## PRODUCE

Local

**SEASONING PEPPER**  
  
**NOW \$7.99**  
**SAVE \$2.00 per kg**

**SPINACH**  
  
**NOW \$5.77**  
**SAVE \$0.70 per kg**

Imported

**PEACH**  
  
**NOW \$11.99**  
**SAVE \$4.00 per kg**

**YELLOW CORN**  
  
**NOW \$4.29**  
**SAVE \$2.70 per kg**

## BARGAINS

**NESTLE BABY RUTH CHOCOLATE**  
  
 60 g  
**SAVE \$0.31**  
**BUY TWO FOR \$2.99**

**KRAFT CLASSIC ITALIAN VINAIGRETTE**  
  
 473 ml  
**SAVE \$11.99**  
**BUY ONE GET ONE FREE**

## PERISHABLES

**PORK PEPPERONI**  
  
 per kg  
**NOW \$29.99**  
**SAVE \$6.00 per kg**

**FROZEN PORK HOCK**  
  
 per kg  
**NOW \$6.67**  
**SAVE \$2.00 per kg**

**ROTTISSERIE CHICKEN**  
  
 per kg  
**NOW \$25.11**  
**SAVE \$2.50 per kg**

**CERTIFIED ANGUS BEEF CHUCK EYE STEAK**  
  
 per kg  
**NOW \$27.91**  
**SAVE \$5.00 per kg**

**TOUFAYAN MINI CROISSANT**  
  
 374 g  
**NOW \$12.99**  
**SAVE \$2.00**

**RORAIMA TINY SHRIMP PIECES**  
  
 454 g  
**NOW \$6.29**  
**SAVE \$1.70**

## NON-FOODS

**IVORY SOAP BAR ORIGINAL 4 PACK**  
  
 128g  
**NOW \$12.99**  
**SAVE \$2.00**

**PERSONAL CARE BABY WIPES**  
  
 80 WIPES  
**NOW \$5.80**  
**SAVE \$1.00**

**GOOD COOK PLASTIC COLANDER**  
  
**NOW \$8.45**  
**SAVE \$2.50**

# Score with Capri-Sun!

## Win one of 75 football sets\*!

www.capri-sun.com

Weekly  
Draws



### It's easy!

- Buy five Capri-Sun Products and get an entry form
- Buy a box of Capri-Sun and get two entry forms

Place your completed entry form(s) in the Capri Sun Raffle box.

### Good luck!

Promotion available at  
SUPER J AND TI J'S STORES

\* A football set contains  
2 inflatable goals and 1 ball.

Promotion ends July 31<sup>st</sup> 2010

Capri-Sun  
Naturally fun!



Shopping and saving just got easier... With the new Super J Loyalty Card!

You must have a Super J Loyalty Card to be eligible to participate in Super J Promotions and benefit from Weekly Specials.

Your card must be scanned in order to qualify for the great savings and benefits



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